

Transition into Parenthood

Phone: 0401 265 530

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Julie's antenatal classes are ideally started when you are between 25-35 weeks pregnant, however many people do start later than this due to hectic schedules. Ideally there is 6-8 couples maximum per course, allowing one on one attention and a more relaxed, boutique atmosphere. Julie provides courses over weekends, during weekday nights and weekday days. Check the website for full dates and time details.